

# REGRESO A CASA

*A New Age of Faith*



## EYE Packing List

Items in RED are for Hawai'i Only

### General Notes:

- DC summers are humid—check the weather in advance and pack accordingly! Please bring appropriate clothing.
- It is up to the delegations to decide luggage restrictions, however **please check with the TSA for a list of items you cannot have in a carry-on:** <https://www.tsa.gov/travel/security-screening/whatcanibring>
- It is suggested that you label everything with your name.
- A pillow, pillowcase, two sheets, two towels, and one light blanket will be provided in your dorm room.
- Keep in mind that EYE is a large community and that you are personally responsible for any valuable items that you bring.

### What to Bring:

- |   |   |
|---|---|
| <input type="checkbox"/> Small bag or backpack  | <input type="checkbox"/> Hat  |
| <input type="checkbox"/> Shorts (below knee for mission only) and/or jeans                  | <input type="checkbox"/> Water bottle (being provided)  |
| <input type="checkbox"/> T-shirts (Hawai'i only, 5 shirts being provided)                   | <input type="checkbox"/> Cell phone and charger (optional)  |
| <input type="checkbox"/> Light sweater or jacket  | <input type="checkbox"/> Journal/notebook and pens or pencils (optional)  |
| <input type="checkbox"/> Delegation t-shirt (being provided)                                | <input type="checkbox"/> Extra cash for souvenirs, extra snacks, and offerings during Eucharist                         |
| <input type="checkbox"/> Pajamas  | <input type="checkbox"/> Prescription medications, <i>in their original containers</i> , in a Ziploc bag with your name |
| <input type="checkbox"/> Undergarments  | <input type="checkbox"/> Second epi-pen or inhaler to give the medical team, <i>as applicable</i>                       |
| <input type="checkbox"/> Comfortable, closed-toe/athletic shoes (Required for mission only) | <input type="checkbox"/> Photo ID for use in the airport  |
| <input type="checkbox"/> Flip flops (for showering)   | <input type="checkbox"/> Bible (optional)   |
| <input type="checkbox"/> Rain jacket or poncho  | <input type="checkbox"/> Book of Common Prayer (optional)   |
| <input type="checkbox"/> Personal toiletries (shampoo, soap, toothbrush, toothpaste, etc.)  | <input type="checkbox"/> Camera (optional)  |
| <input type="checkbox"/> Washcloth  | <input type="checkbox"/> Mesh Laundry bag (Hawai'i Only)  |
| <input type="checkbox"/> Sunscreen  | <input type="checkbox"/> Debit/Charge Card (Hawai'i Only)   |
| <input type="checkbox"/> Insect repellent   |   |
| <input type="checkbox"/> Sunglasses   |   |

**MEDICATION:** Please bring all prescription medicines in their original containers, which include dosage instructions. These prescription medications should be listed on the youth or adult's medical form with condition and purpose. Adult sponsors will be responsible for monitoring daily medications for their youth. However, all controlled substance drugs - such

as narcotics, psychotropic drugs - and any medications requiring refrigeration will need to be turned into the nurse's office at registration to be administered during the event. Please place these in a Ziploc bag with the name of the youth, their adult contact and diocesan name on the outside of the bag. If you are bringing inhalers or Epipens, please bring two so that a back-up can be stored with the medical team.

**Reminder:** The following regulations apply to all participants (young people and adults) and failure to comply will result in expulsion from the Episcopal Youth Event at you or your parent/guardian's expense:

- There will be no possession or use of alcohol, marijuana, or illegal drugs/controlled substances at any time during the event.
- No pets, fireworks, firearms, knives or other weapons are permitted.

**PLEASE DO NOT BRING:** Expensive belongings; illegal substances (including drugs, alcohol, tobacco, and medications not prescribed to you); recreational drugs (marijuana, vapes, edibles, e-cigarettes, etc); firearms, knives, or weapons; inappropriate clothing and clothing that promotes illegal or inappropriate activity.