

# ADDICTION AWARENESS WORKSHOPS



**WINDWARD O‘AHU WORKSHOP: ST. CHRISTOPHER’S, 93 N. Kainalu Dr., Kailua**  
**Saturday, June 21, 2025 Time: 2:00 PM – 3:30 PM**

## INTRODUCTION

In the “Ministration to the Sick” liturgy of the prayerbook, God is referred to as the “giver of health and salvation.” While the Church may excel at proclaiming salvation, we are also called to promote our people’s overall health – mental, spiritual, and physical.

The Episcopal Church has a long history of collaboration with twelve-step programs. However, this connection can sometimes feel disconnected from the worshiping community and the broader resources available to promote healthy individuals, a healthy Church, and a healthy community.

## ABOUT THE SPEAKER

The Rev. Dcn. Bill Heran, PhD., a transitional deacon, brings the perfect combination of background, training, and teaching style to guide us in this endeavor. This in-person workshop will foster a more profound and impactful learning experience.

## WORKSHOP HIGHLIGHTS

Join us for a transformative session on:

- **Understanding Addiction:** Recognize signs of addictive use disorders.
- **Supporting Families:** Learn ways to assist family members of individuals with active addiction.
- **Creating Healthy Congregations:** Build congregational awareness and responses to addiction within the community.
- **Resources for Recovery:** Explore treatment options, current literature, and strategies for aftercare.

## WHY ATTEND?

Addiction remains a major medical, psychological, and spiritual crisis in our society. This workshop equips us to:

- Better understand addiction’s impact on personal, interpersonal, and spiritual lives.
- Foster healthier communities of faith and support.
- Build bridges between the Church and the resources necessary for comprehensive healing.

***Don’t miss this opportunity to deepen your understanding and make a difference!***

Refreshments and support crew will be provided by St. Christopher’s Episcopal Church. To register for this free workshop, click [HERE](#). For more information, please contact: The Rev. Cn. Sandy Graham at [acgraham@episcopalhawaii.org](mailto:acgraham@episcopalhawaii.org)