December 2013 Newsletter:

Aloha fellow ACCW volunteers, partners, friends, church folks, and extended family. Let's get right to business. We hope you all enjoy a wonderful Advent Season!

Quick Statistics from Novembers Mission Runs:
From October 29th to November 27th, YOY have helped us distribute:

- Served: 824 persons (adult males, females, handicapped, youth, babies, families)

**Top Distribution Items**
- Chilled Water: 928 bottles
- Food Snack paks: 443 along with 100 plus apple sauces, vienna sausage, spams, rice krispy treats, sardines, cheese & crackers, other misc food items
- T-shirts: 150 t-shirts various sizes
- Rubber Slippers: 77 pair
- Socks: 43 pair
- Shorts: 30
- Towels: 77
- Blankets: 33
- Razor kits: 125
- Hygiene kits: 190
- First aid packets: 173
- Toilet Paper: 43
- Bibles: 8
- Spiritual Literature: 15

*Total items distributed in one Month (including items not listed) 3,301*

We also continue to distribute client information cards, referral cards and social services related brochures, informational flyers. The stats for the month of November also give you a good idea as to the on-going needs so we can continue our "backyard" mission work. Please keep you donations coming in!

**Item of the Month:**
All of the above!....will continue to be our on going needs!
**Recruiting:**
We are seeking a few more Run Leaders (drivers and team leaders on the mission runs). Currently we have 7 Run Leaders and it is our desire to build up to a team of 10 drivers. Ideally a Run Leader or two from each of the Churches would be awesome! Also, we welcome any of our "sister" churches to build teams and set sail in the Outreach Van! The tangible, seeable, touchable love of Jesus Christ is the one bridge that will never separate the Christian family!

We can always use some help at our Supply Team, as it is a very busy world. In the near future, we would like to have different church teams pack certain items (hygiene kit, first aid kit, razor kit, snack pack etc).....Contact Jeanne or George Abe or your local church person (Kit Hart/Amy Shim @ St. Johns, Susie Davis/Paula Baldwin @ Trinity or Donna Tarsitano @ Holy Innocents..... George & Jean Abe are usually at the supply room on Thursdays at about 1:00pm to work for several hours on the room. Also, thanks to Susie Davis, Lani Scott, Amy Shim, & Kit Hart for their continued kokua here!

**Homeless Health Fair:**
We gathered on November 22nd from 0900 am to 1:00 pm along with many other community outreach programs at the Kahului Salvation Army for the annual Homeless Health Fair. This event was coordinated by the Army, Rose Pereira of UH Maui nursing program and Lisa Darcey of the Ho'omoana. An estimated 150-200 homeless folks showed up to obtain a variety of services including medical, dental referrals, wound care, social, mental health, family support, housing help etc... A Cup of Cold Water was there with team members Kit Hart, Lani Scott, George Abe, Paula Baldwin, & Mary Lou Mellinger....and Run Leader Rick Collins was there participating with MYF organization ( did i forget anyone?) ..... We exhausted all of our chilled water by noon.....

**1,000 Mahalo's:**
*Bishop Robert Fitzpatrick and his wife Bea, for their support and prayers.  
*Sybil Nishioka for helping us keep the Diocesan website tab/link updated  
*Senator Gil Agaran for completing our A Cup of Cold Water 501(3)c nonprofit application. Amen & Amen.  
* Gayle Ressler (wife of Father Rich Ressler), for "diving" in and becoming our purchasing agent!  
*Mary Leyva & Mary Lou Mellinger for doing a "seal team six" with our Jubilee Ministry Grant application...whipping it out in 3-4 days! Mary ...may become our Grants Manager...?  
* Board Member Mark Sitts for taking on the ACCW Training Coordinator position i.e. ensuring that all new ACCW volunteers have their mandatory trainings completed and updated, re-certification training, back ground checks and new training format for ACCW Run leaders & or volunteers.  
* Lea Voss our VOLUNTEER bookkeeper  
* Holy Innocents, Trinity, St. John's, Good Shepherd, St Ann's Catholic, Maria Lanakila Catholic, Pukalani Nazarene (Taskie brought in a bunch of used glasses) for all of their continued donations, monetary support etc....awesome.

(2)

**Breaking News:**
ACCW Board Member & Prayer Leader Paula Baldwin will be helping Keku regarding the ACCW Team scheduling for mission runs. She will help do follow-ups, make contacts etc... and try to make the scheduling process flow smoothly as we have 25+ team members to schedule, deal with cancellations, last minute circumstances, illness, scheduling conflicts etc.... It is critical that we NEVER miss any of our scheduled outreach mission runs.....the poor count on us to be there.

Mimi Wu, longtime volunteer and faithful servant of the Hawaii Episcopal Church, contacted us recently to announce that St. Peter's Church of Honolulu (near the Cathedral) Outreach Committee has donated $500.00 to the A Cup of Cold Water Mission. Mahalo, mahalo to all of the St. Peter's Ohana.

It is the desire of our ACCW Board of Directors to begin posting our Board minutes online along with a line item "easy to read and understand" financial report for EVERYONE TO SEE. This is critical as our mission grows, we need to be 100% transparent make every effort to show how much of the church and individual monetary donations, grant monies, donated food and other items GO DIRECTLY to people in need in our own backyards.

**Upcoming Events:**
December 24th 7:00 pm: Church of the Good Shepherd Ka Ohana Kitchen, Christmas Eve dinner (poor & needy) hosted by the Haleakala National Park Ranger & Friends. Great food, live entertainment!
December 25th Wed. 0800 am ACCW Christmas Mission run in the Van, Central Maui Christmas Morning
January 28th Tues. 1200 Noon Keku speak @ Kiwanis Club re: ACCW, Eddies' Hide A Way
February 13th Thurs 0700 am Keku speak Wailuku Rotary Club re: ACCW, Vineyard Cafe

**Bishops Bible Study:**
Bishop Fitzpatrick has introduced an online Bible study for the year (Hawaii Episcopal website)....check it out and join the journey through the Gospel of St. Luke and the Book of Acts..... it can be a nice formation discipline. Father Rich Ressler of Good Shepherd Church has started a 11:00 am bible study every Wednesday at the church which is related to the Bishops bible study.

*Also, if any of you have not read or heard the Bishop's address at the 2013 Annual Convention....we recommend that you do! Read it, discuss it, challenge your Church & your personal spiritual journey with his message........*

(3)
**Training Date:**
Mantra for the Year:
"There is an important difference between membership and discipleship. Clubs have members. Jesus Christ has Disciples. Members pay dues to the club. Disciples of Jesus Christ give their all for the mission of the Church. Members worry about themselves and their own needs and their own preferences. Disciples focus on the needs of the local neighborhood and those not in Church.

Members want to be comfortable and served by the staff, disciples know they are the servants and are willing to risk, to share God’s Love."

Bishop Robert Fitzpatrick
45th Annual Convention of the Hawaii Episcopal Diocese
October 25, 2013

"I have never known a man who died from overwork, but many who died from doubt"
--- Charles Horace Mayo, American Surgeon and founder of the Mayo Clinic

Saying from the street:
"Good news, we got a place to stay again, we going back to KHAKO Lahaina (Ka Hale O Ke Ola shelter), so thanks for helping us."

ACCW outreach worker: "How long have you been on the beach? Young Mother family of five, "Three months".

Note: This young Hawaiian family, husband, wife and three children, ages 6 to infant, were the first family we encountered on the day of our inaugural run on the West side. While they lived on the beach in front of Mala wharf Lahaina, A Cup of Cold Water supplied them with adult clothing, keiki cloths, baby diapers, water, extra food, slippers, hygiene, toilet paper, first aid, rubbish bags, tarps, and other basic items every Saturday since October 18th.....

Godspeed, Keku