



Quiet Day March 25, 2017

The Order of the Daughters of the King (DOK) participated in a Quiet Day retreat on Saturday, March 25th. The retreat was held at St. Anthony Retreat Center in Kalihi. It is a place of peace, quiet and calm for those seeking to renew themselves spiritually.



Women from different chapters and churches attended; Susan Anderson, Judy Martin, Dorothy Pierce and Karla Bee from St. Andrews Cathedral; Evangeline Barney, Adele Thomas, Simeona Gestone, Angustia "Angie" Hamasaki and Jeanne Inouye from St. Timothy's; Sandra Braham, Tusi Mayer and Delia Moore from Holy Nativity; Shauna Jones, Kala Holden, Brandy Donaldson, Brianna Anderson, Becky Fitzgerald and Luella Windisch from St. Nicholas. St. Nicholas chapter hosted the event.

At 9:00 AM the DOK Assembly President, Shauna Jones opened the day. The Reverend Ernesto Pasalo began our spiritual journey with prayer, reflection and celebration of the Eucharist. He also taught us the song [Sanctuary](#). We enjoyed it so much we sang it twice.



After Eucharist the talented "Good and Bad Players" Adele, Shauna, Brandy and Tusi presented a skit "Neglecting Word and Prayer." From the laughter in the room it was obvious the skit resonated with the audience. It was a humorous look at how we start with good intentions in the morning. Then the problems of the day trip us up. Slowly, easily and with great excuses we put God and prayer off to the side.

The rest of the day continued the theme of finding the importance of "The Secret Place", the place you go to be with God, meditate and pray. The study was based on scripture that emphasizes God's promise to be with us always. Many of us walk quietly around the grounds of St. Anthony's Retreat Center. There are various sites on the lush one hundred-twelve acre property; Hillside Stations of the Cross, lush outdoor walkways and a meditation grotto provide a contemplative backdrop.

Quiet Day concluded at 2:00 PM. Attendees returned home with a renewed spirit and a mini prayer room in a special prepared bag. It is the Daughter's sincere wish that everyone who attended found peace and joy during their day of reflection, prayer and fellowship.